

Cafe & Restaurant

- 1 TSUTAYA (JPN restaurant) CL:TUE
11am~2:30pm,5pm~10pm (LO30min bef.)
- 2 TOQUE TOQUE (pasta,cafe) CL:MON TUE
WKDY 11:30am~5:30pm
WKND ~6:30pm (LO30min bef.)
- 3 FUWA(lunch, cafe) CL:WED THU
11:30am~5:00pm
- 4 HARUHI (cafe, cake / TO)
cafe 11am~4pm CL:irregular
take out Limited Supply
- 5 MARUSEI (soba,pork cutlet bowl)
11am~5pm CL:WED
- 6 FUJITAKUEMON (fish shaped cake / TO)
6:30am~approx 3pm (winter 7am~)
CL:irregular
- 7 TERRA (espresso, gelato, cafe / TO)
12pm~5:30pm CL:TUE
- 8 KITANOYA (SOBA, BAR) CL:TUE NIGHT
11am~3pm, 5:30pm~9:30
- 9 TAIHEIDO (BAKERY / TO) CL:SUN
7:30am~6:45pm
- 10 TSUCHIMO (oyaki / TO)
6:00am~6pm, (winter 7am~5:30pm)
- 11 NANOGRAPHICA(cafe,garely)
WKND ONLY
10:30am~5pm (LO30min bef.)
- 12 TSUKASA (JPN set meal) CL:SUN
11am~2pm, 5pm~9pm
- 13 ISSHINDO(sweeten rice cake / TO)
8am~5pm CL:WED
- 14 KOMATSUYA (ITA restaurant)
CL:WED, 2nd & 4th TUE
11:30am~3pm (LO30min bef.)
6pm~10pm (LO60min bef.)
- 15 MOTOYA (soba) CL:WED (LO30min bef.)
11am~2:30pm, FRI to SAT 6pm~8pm
- 16 YAYOIZA(JPN cafe, restaurant)
CL:TUE, 2nd WED (LO30min bef.)
11:30am~2:30pm, 5pm~8:30pm
- 17 DAIMARU (soba,others) 9am~6:30pm
- 18 YOKOMACHI (cafe,curry,veg set menu)
10am~7pm (LO30min bef.)
- 19 HIRANO COFFEE (home-roasted, cafe)
8:30am~6pm (LO30min bef.)
CL:TUE WED
- 20 TEA ROOM FUJIYA(nostalgic cafe, lunch)
CL:TUE 9am~4pm
- 21 KONAMONYA KONEKO (cafe, bakery / TO)
11:30am~5pm CL:SUN MON
- 22 DAIFUKUYA (cafe, books) CL:irregular
7:30am~9am, 12pm~6pm
- 23 FUJIKIAN (soba, oyaki) CL:TUE
11am~3pm (LO30min bef.)
- 24 MONZENNOYAKATA (oyaki, deli / TO)
10am~5:30pm
- 25 TIKU- (pizzeria/ TO) CL:MON TUE
11:30am~3pm (LO30min bef.)
*FRI:TAKE OUT ONLY
- 26 KAREN (cafe, chiffon cake / TO)
11am~5pm CL:MON TUE
- 27 MAMEKOYOMI (JPN sweets /TO)
9am~6pm CL:TUE, 2nd & 4th WED
- 28 ATAKAMESHIYA TARO (JPN restaurant)
CL:WED & SUN NIGHT
11:30am~2pm, 5:30pm~9pm
- 29 PEAKS (hamburg,sandwich, pancake)
11am~6pm (LO60min bef.) CL:TUE
- 30 HIYORI (cafe,restaurant)
11:30am~5pm (LO60min bef.)
- 31 OGAWANOSHO (oyaki / TO)
10am~5pm, fireside~4pm CL:WED
- 32 PUKUPUKUTEI (rice ball / TO)
9am~4:30pm, SUN~2:30pm
- 33 BARBARA (cafe, restaurant)
12pm~8pm CL:TUE WED
- 34 SHINKOJI (cafe, lunch, wifi)
CL:MON 2nd & 4th TUE
10am~5pm (LO30min bef.)
- 35 DAIZEN (soba) CL:WED
11am~3pm, WKND10:30am~
- 36 OREGANO (veg lunch) CL:WKND
12pm~1:30pm, 7pm~10pm
- 37 SUNDAY LIFE COFFEE (cafe)
WKND 8:30am~6pm
MON~2:30pm CL:TUE WED THU FRI
- 38 LA LANCE LOURD (cafe, patisserie)
11am~7pm CL:TUE WED
- 39 ORICAFE (cafe,free-style hand weaving)
11:30am~5pm, CL:MON THU
- 40 MORITA (bakery / TO) CL:SUN 7am~6pm
- 41 HIBI (bakery cafe, lunch) CL:SUN MON TUE
11:30am~17pm (LO60min bef.)
- 42 KISSHOUAN CL:TUE
11:30am~5pm, SUN~3pm
- 43 THE BIRD (cafe, bar, restaurant) CL:WED
WKDY3pm~11pm, WKND 12pm~11pm
- 44 SHANGHAI JINKA (chinese) CL:MON
11:30am~2:30pm, 5:30pm~12:30am
- 45 NIHONMATSU (soba, JPN bar) CL:SUN
11:30am~1:30pm, 5pm~10:45pm
- 46 AJINOPEN (JPN set menu)
11:30am~2pm, 5:30pm~8:30pm
- 47 TOGAKUSHI (soba) CL:SUN
11am~2:30pm, 5pm~10:30pm
- 48 KANDATA (soba) CL:WED, 1st & 3rd TUE
11:30am~2:30pm,
WKDY SAT 5:30pm~8pm
- 49 GOFUKU (cafe, bar, tapas)
CL:MON & SUN NIGHT)
11:30am~3pm, 6pm~11pm
WKND11:30am~11pm (LO30min bef.)
- 50 PISE (restaurant, wifi)
3pm~11pm
- 51 TENTEN (noodle) CL:MON,SUN NIGHT
11:30am~1:30pm, SAT 6:30pm~24pm
FRI & SAT ~26:00
- 52 ANKI (soba) CL:MON, SAT&SUN NIGHT
11:30am~2pm, TUE~FRI 5:30pm~8pm

Shopping & Others

- 1 NATSUMEYA(herbal medicine)CL:WED
10am~5pm *reservation needed
- 2 MAHOUDO (general goods)
CL:SUN MON 10am~3pm
- 3 ROGER (general goods)
10am~4pm CL:irregular
- 4 YAMATOKAWA (home-roasted coffee)
CL:WED THU 1pm~sunset
- 5 NATURAL ANCHORS (outdoor product)
12pm~6:30pm CL:irregular
- 6 YUREKI SHOBO (books)
11am~7pm CL:MON TUE
- 7 GESHI (garely) CL:TUE & irregular
11am~6pm
- 8 KURAKUSA (handcraft) CL:WED
10:30am~6pm
- 9 MAZEKOZE (books, garely)
11pm~5pm CL:WKND
- 10 WANDERLUST (flower, atelier, gift)
11am~5pm CL:MON TUE
- 11 ROGER ET FILS (general goods)
12pm~4pm CL:irregular
- 12 IVY PRODUCTS (leather goods)
11pm~7pm CL:THU
- 13 OND WORK SHOP (belt,leather goods)
11am~7pm CL:TUE WED
- 14 KAMENOYU (public bath)
1pm~11pm CL:MON
- 15 JUNITEN (JPN general goods,cafe)
10:30am~6:30pm CL:MON TUE
- 16 CHANNEL (book, cafe)
WKDY7:30am~1pm, WKND11am~6pm
books~8pm
CL:THU & irregular
- 17 CREEKS (co-working office) CL:SUN
9am~10pm SAT~6pm
- 18 ITO YOKADO (supermarket, 100yen shop)
10am~9pm
- 19 NINJA DAIMON (ninja experience, goods)
10am~6pm CL:THU
- 20 WIND PARK (garely, atelier)

Nagano is not as popular as other famous tourist destinations like Kyoto, Osaka, Hokkaido, etc. But our modest little town has a lot of beautiful temples, friendly owners running a small business, new wave of renovation and great nature for sure. Visit us!

1166 backpackers

----small backpackers hostel in Nagano old city center----

dorm 2800 yen / per private room 6000 yen / 2 per, 7800 yen / 3 per bathroom, shower & kitchen are all shared.

check in 4pm~9pm, check out 8am~11am FEEL FREE TO ASK SPECIAL PREFERENCES

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